

# ADULTS CLASS SCHEDULE

ipa: 08/24


## LEGEND

CLASS A
All White Belt Plus Stripes
New White Belts
White-Red Belt
White-Yellow Belt
White-Black Belt

UPPER LEVEL
Purple Belt
Purple-Red Belt
Purple-Yellow Belt
Purple-Black Belt
Green Belt
Green-Red
Green-Yellow
Green-Black
Brown Belts
Brown-Red Belt
Brown-Yellow Belt
Brown-Black Belt
Black Belt - Shodan
Black Belt - Nidan
Black Belt - Sandan

## MONDAY

7:00 pm to 8:10 pm

CLASS A
New White Belts
White-Red Belt
White-Yellow Belt
White-Black Belt
UPPER LEVEL
All Purple Belts
All Green Belts
All Brown Belts
All Level of Black Belts

Okochi Renshi Sensei

## TUESDAY

7:00 pm to 8:10 pm

CLASS A
New White Belts
White-Red Belt
White-Yellow Belt
White-Black Belt
UPPER LEVEL
All Purple Belts
All Green Belts
All Brown Belts
All Level of Black Belts

Okochi Renshi Sensei

## WEDNESDAY

7:00 pm to 8:10 pm

JISSEN
Purple Belt
Purple-Red Belt
Purple-Yellow Belt
Purple-Black Belt
Green Belts
Green-Reds
Green-Yellow
Green-Black
Brown Belts
Brown-Reds
Brown-Yellow
Brown-Black
All Level of Black Belts

Okochi Renshi Sensei
Henig Shidoshi Sensei
Sherry Shidoshi Sensei

## THURSDAY

7:00 pm to 8:00 pm

CLASS A
White-Red Belt
White-Yellow Belt
White-Black Belt
UPPER LEVEL
All Purple Belts
All Green Belts
All Brown Belts
All Level of Black Belts

Hammond Sensei

## SATURDAY

Noon to 1:15 pm

CLASS A
New White Belts
White-Red Belt
White-Yellow Belt
White-Black Belt
UPPER LEVEL
All Purple Belts
All Green Belts
All Brown Belts
All Level of Black Belts

Okochi Renshi Sensei
Alderman Sensei

All Student must bring running shoes to every class.

